

Location



The office suite is located in a building called North Point Center. It is a brick structure just west of Highway 281 and south off of State Street. The suite entrance is on the west side of the building; furthest door to the south.

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Revelations
COUNSELING

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COUNSELING

*Krishna S Uden, LMHP
Licensed Mental
Health Practitioner
Operating as an LLC*

*Counseling with a
Christian perspective*

*But only with God are
perfect wisdom and might;
He alone has true counsel
and understanding.*

Job 12:13 (AMP)

Mission Statement

Provide quality mental health care to those seeking services. Using a Christian perspective to help people reach understanding as God uses mind, body and soul to reveal His purpose in their lives.

American Association of Christian Counselors

1st Foundation: Jesus Christ – and His revelation in the Old and New Testaments of the Bible – is the pre-eminent model for Christian counseling practice, ethics, and care giving activities.

2nd Foundation: Christian counseling maintains a committed, intimate, and dedicated relationship with the worldwide church, and individual counselors with a local body of believers.

3rd Foundation: Christian counseling, at its best, is a Spirit-led process of change and growth, geared to help others mature in Christ by the skillful synthesis of counselor-assisted spiritual, psycho-social, familial, bio-medical, and environmental interventions.

4th Foundation: Christian counselors are dedicated to Jesus Christ as their 'first love,' to excellence in client service, to ethical integrity in practice, and to respect for everyone encountered.

5th Foundation: Christian counselors accord the highest respect of the Biblical revelation regarding the defense of human life, the dignity of human personhood, and the sanctity of marriage and family life.

6th Foundation: The biblical and constitutional rights to Religious Freedom, Free Speech, and Free Association protects Christian counselor public identity, and the explicit incorporation of spiritual practices into all forms of counseling and intervention.

7th Foundation: Christian counselors are mindful of their representation of Christ and His church and are dedicated to honor their commitments and obligations in all social and professional relations.

Biography



Krisha Uden is a Licensed Mental Health Practitioner. A counselor native to the Grand Island, Nebraska area with maiden name, Niemoth. She graduated from Northwest High School in 1991. Krisha went on to receive a Bachelor of Arts degree in Psychology/ Behavioral Sciences from Concordia College in 1995. In 1997, she earned a Master's degree in Education with an emphasis in Community Counseling from the University of Nebraska @ Kearney. Uden has been in private practice since 1997, working in both the Grand Island and Holdrege areas. Krisha has also been involved with the Crisis Center, Family Violence Coalition and a board member of Voices for Children. She has supervised therapists in both the MultiSystemic Therapy program at Mid-Plains Center; as well as, therapists currently working on fulfilling licensing requirements. The therapist is married to Leland Uden and has three young children, Abigail, Darius and Josiah. She is a member of a Lutheran church.

Colleagues

Elizabeth Heidt Kozisek, PhD



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Rick Huls, LMHP



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Services

- * Individual & Family Issues*
- * Marital Counseling*
- * Cognitive-Behavioral*
- * EMDR*
- * Dialectical Behavioral*
- * Brief-Solution Focused*
- * Conflict Resolution*
- * Domestic Violence*
- * Supervision of counselors*